
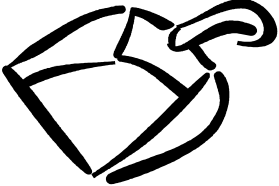



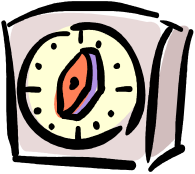
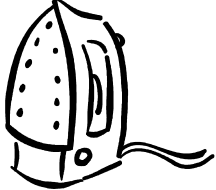


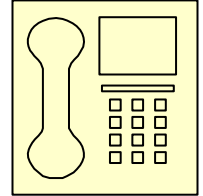
Mother's Shabbat Checklist –everything to be done before sunset on Friday

Task	
Invite guests to share the Shabbat Meal	
Clean the house thoroughly	
Prepare food for the main Shabbat meal and for the rest of the day	
Give money to charity	
Put away all pens, money and purses, or anything else which may tempt you to work	
Set timers for lights and heating	
Wash and iron best clothes ready for the celebration	

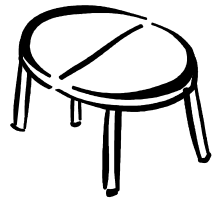
Have a bath



Put on telephone answering machine



Set the Shabbat table



As Shabbat begins – relax! If you haven't done something, you must now forget all about it for Shabbat. For twenty-five hours you don't have a care in the world. Shabbat shalom!

