

Festival: Lent ~ pancakes and traditions	Year Group: Year 1	No. of lessons: 2
Links: Cambs: CFF1, CFF2, CSC3, P'borough: CRC1, CSC1, Norfolk: CBB, CP,		
<p>Learning objectives:</p> <ul style="list-style-type: none"> ◆ To find out about some of the traditions associated with Lent ◆ To hear about the origins of Shrove Tuesday ◆ To consider why Christians attach so much importance to forgiveness ◆ To be able to respond to the concept of saying sorry and offering forgiveness to one another 		
<p>Questions for reflection:</p> <p>Why should I say sorry to someone else? Why do Christians think that saying sorry is very important? What does it mean when we forgive other people?</p>		
<p>Activities and experiences:</p> <ul style="list-style-type: none"> ◆ Find out about pancakes ~ what they are, why they were made traditionally and whether they are made for the same reasons today. It is important to connect Shrove Tuesday to the concept of 'shriving' _ saying sorry and being forgiven. ◆ Make pancakes (the recipe enclosed is for drop scones which are easier for children to make and generally more popular) and learn a traditional West Country rhyme ~ <i>Tippety, tippety tin, Give me a pancake and I will come in. Tippety, tippety toe, Give me a pancake and I will go.</i> This could be used as a skipping rhyme, thus combining it with another Shrove Tuesday tradition from Scarborough. ◆ Have a pancake race using small bats and playdoh pancakes. Pancake races originate from Shrove Tuesday in 1445, when a woman lost track of time, because she was so busy cooking pancakes in her kitchen. When she heard the bell calling the faithful to confession, she ran to church in her apron, still cooking the last pancake! Divide the children into teams of 4, the first runner to have a bat and 'pancake'. Run along a course carrying the pancake on the bat, step into a hoop and toss and catch it once, before returning to the team and handing the bat and pancake over. ◆ Use a book such as 'I'm Sorry' by Sam McBratney and Jennifer Eachus (pub. Collins 0-00-664629-8) to help children think about saying sorry and putting things right, using role-play to make this explicit. Link this with what Christians believe about saying sorry and forgiving one another, e.g. using Maximus Mouse by Brian Ogden (Pub. Scripture Union 0-86201-680-0) to explore the lines from the Lord's Prayer '...and forgive us our sins as we forgive those who sin against us,' or the story of the Prodigal Son (see notes pages) ◆ Decorate a sorry banner using shades of purple, linking the colour to the season of Lent, and thinking about those things that the children may suggest as suitable for penitence, without allowing the discussion to become personal. <i>(download the appropriate Resource Page for further information)</i> 		