

## My Labyrinth of Life Questions

3.  
What are the worries and distractions that fill my head?  
How can I get rid of them?  
How do I let go of my cares?

2.  
Who do I depend on to support me in my life? Who are still my friends when things get tough? Whose friend am I? Who walks this labyrinth with me?

4.  
Who should I listen to? Who do I trust? Who should I follow? Or should I just be me?

1.  
Who am I? What is special about me? Am I happy being me? What is my image?

5.  
Do I feel part of the natural world? Do I care about what is happening in the environment? How do I feel when I see other people or animals suffering?

6.  
When I leave, how will people know I have been here? Will the future be better because of me? How long does it take to make a difference – and when can I start?

